

**GAMECOCK VOLLEYBALL**  
**SOUTH CAROLINA**



**2018 SUMMER CAMP SERIES**





**The University of South Carolina Volleyball**  
***2018 Summer Camp Series***

Thank you for selecting The University of South Carolina Volleyball Summer Camps! We are confident that you will enjoy and benefit from the first-class instruction you will receive at our camps this summer.

Each camper will receive an exclusive South Carolina Volleyball Camp T-Shirt and will have the opportunity to work with the coaches and student-athletes of South Carolina Volleyball.

A copy of our *"Information for Campers,"* and *"Rules and Expectations"* documents have been included in this packet. Parents should review all information with their camper(s) before coming to camp.

**CHECK-IN/CHECK-OUT LOCATION**

Most camp check-ins will be held at the following location—unless specified by the camp director. Campers should check-in and can be picked up from this location. During registration guardians will be required to list eligible guardians to pick up camper(s). Please refer to your particular session below for the location of check-in.

**Carolina Volleyball Center**

1051 Blossom Street  
Columbia, SC 29208  
(803) 777-0755

## **CAMP SERIES & CHECK-IN TIMES**

**Note:** If the camp you selected runs over multiple days, it is important to check-in each day of camp. Daily attendance is taken before each camp begins.

### **Volley School**

Grades K-5, Co-ED

Sessions July 10, 11, and 12

\$60 each day session, or \$150 to register for all three sessions

**Volley School is designed to teach the fundamentals of volleyball to our beginning level campers. This high energy camp will engage campers in drills, games and competitions. It will include lots of interaction with your campers favorite Gamecock volleyball players and coaches and will emphasize good teamwork and sportsmanship.**

#### Schedule Outline

Check –in	8:00-8:30AM
Session I	9:00-10:30AM
Break	10:30-10:45AM
Session II	10:45-10:00PM
Lunch	12:00-1:30PM
Session III	1:30-3:00PM
Break	3:00-3:15PM
Session IV	3:15-4:45PM

### **Gamecock Academy**

Grades 6-8, Co-ED

Sessions July 10, 11, 12

\$60 each day session, or \$150 to register for all three sessions

**Sessions will include positional work as well as team competition. Emphasis will be placed on teaching proper technique. Campers will be placed on teams according to age, experience and skill level to facilitate a competitive and optimal learning environment for all campers.**

Check –in	8:00-8:30AM
Session I	9:00-10:30AM
Break	10:30-10:45AM
Session II	10:45-10:00PM
Lunch	12:00-1:30PM
Session III	1:30-3:00PM
Break	3:00-3:15PM
Session IV	3:15-4:45PM

## **CAMP SERIES & CHECK-IN TIMES**

**Note:** If the camp you selected runs over multiple days, it is important to check-in each day of camp. Daily attendance is taken before each camp begins.

### **Elite Skills Camp**

Grades 9-12

Session July 16<sup>th</sup>-18<sup>th</sup>

\$430 commuter, \$475 resident camper

**Elite Skills camp is designed for the most experienced players. Campers will receive a skills assessment and be placed into teams based on the assessment.**

#### Schedule Outline

Check in	Monday	1:00 PM
Session 1		3:30-5:30 PM
Dinner Break		5:30-7:00 PM
Session 2		7:00-9:00 PM
Lights out		10:30 PM
Breakfast	Tuesday	8:00-8:30 AM
Session 3		9:00-11:00 AM
Lunch Break		11:00a-2:00 PM
Session 4		2:00-4:00 PM
Dinner Break		5:00-7:00 PM
Session 5		7:00-9:00 PM
Lights out		10:30 PM
Breakfast	Wednesday	8:00-8:30 AM
Session 6		9:00-11:00 AM
Lunch Break		11:00a-1:30 PM
Session 7		1:30-3:30 PM

### **Team Camp**

July 27-28<sup>th</sup>

\$65 per player, minimum of 8 players per team, coach registration free

**Team camp is designed for your team to get a head start on the season. There will be pool play, instructional sessions, and coaches clinics. Teams will participate in a single elimination tournament with prizes awarded to the top team.**

Schedule will depend on number of participating teams and location.



## **INFORMATION FOR CAMPERS**

**AIRPORT PICKUP:** Campers who need transportation to and from the Columbia Airport will need to make arrangements with South Carolina Volleyball no later than one week prior to camp. South Carolina Volleyball will make every effort to accommodate each request, but service is not guaranteed.

**CAMP STORE:** South Carolina Volleyball will be selling a variety of snacks and drinks along with exclusive Under Armour and Gamecock Volleyball merchandise throughout the entire Summer Camp Series. **Campers are encouraged to bring cash or check to camp each day.**

**CANCELLATIONS / REFUNDS:** Up to 30 days prior to 12:00pm of your session's check-in day, you can withdraw for any reason and receive 100% refund of tuition after the deducted \$60 non-refundable registration fee. 29-15 days prior to 12:00pm of your session's check-in day = 75% refund of tuition after the deducted \$60 non-refundable registration fee. 14-7 days prior to 12:00pm of your session check-in day = 50% refund of tuition after the deducted \$60 non-refundable registration fee. 6 days prior to 12:00pm of your session check-in day through check-out day, no refunds will be given. At any time, refunds due to injury/illness or certain emergencies will be handled on a case-by-case basis with written documentation of the nature of the injury/illness or emergency provided. We provide the services of camp expecting each enrollee to attend. If you must withdraw, please send an email to Megan Mendoza at mam5@mailbox.sc.edu for an appropriate written record of the request.

**CHILD SAFETY & PROTECTION:** Mendoza Volleyball Camps, LLC is committed to ensure a safe environment that provides protection of all children and teens participating in the 2018 Summer Camp Series. All members of the staff (including court coaches, camp mentors, student-athletes and overnight security) will have passed a legal and thorough background check before being allowed to coach at camp in any capacity. In addition, all members of the staff will have been properly trained to handle any and all emergency situations. Should a camper suspect any illegal or inappropriate behavior from another camper or staff member, it is asked they immediately report the activity to the camp director.

**CONFIRMATION:** Upon processing each registration, an initial notice will be sent via email. A follow-up confirmation notice along with the Camp Manual will be sent several days before camp. Once the registration is processed, all camp-related correspondence will be sent via email. It is advised that campers and/or parents check their emails frequently in the immediate weeks leading up to camp.

**DISCOUNTS:** Mendoza Volleyball Camps, LLC have established a discount for campers. Campers of South Carolina Staff (Camp Staff, USC Athletic Department Staff, USC Faculty/Staff) will receive half price registration for any camp.

If a camper is not able to actively participate in the full camp session, they may request a pro-rated discount for camp. In this instance, the cost of camp is divided by the number of sessions the camp is hosted. If a camper needs to request a pro-rated fee, they must do so no later than 14 days prior to the beginning of camp. Please contact Megan Mendoza mam5@mailbox.sc.edu to begin the process.

**DISMISSAL POLICY:** There will be no refund for any camper dismissed from camp. Grounds for dismissal include but are not limited to vandalism; leaving a facility or dorm unsupervised; the use of alcohol, drugs or tobacco products; harassment and not following verbal instructions/rules.

**ENROLLMENT:** These camps are open to any and all entrants, limited only by number, age, grade level and/or gender. Space is limited for each camp; enrollment is a first-come, first-serve basis. Early enrollment is **strongly** encouraged to ensure participation.

**FACILITIES:** The main site for all camps will be the Carolina Volleyball Center, the official home of South Carolina Volleyball! The Blatt Physical Education Center and the Strom Thurmond Wellness and Fitness Center will also be utilized throughout the 2017 Summer Camp Series.

**MEALS:** No meals will be provided during the *Volley-School or Gamecock Academy*. Attendees of Elite Skills Camp will eat breakfast included in the camp at the Honors College Dining Hall and lunch and dinner will be provided by the camp staff. Campers are encouraged to bring their lunch to Volley-School and Gamecock Academy as lunch **will not** be provided. For campers who need to order a lunch, order forms will be available for Jersey Mike's Subs at check-in.

**MEDICATIONS / SPORTS MEDICINE:** The Parent Consent & Medical Waiver Form is **REQUIRED** for all campers (one per camper). Campers will not be permitted to participate without this form presented on the first day of camp check-in. This form is part of the online registration. Mendoza Volleyball Camps LLC reserves the right to deny any camper with pre-existing medical and/or physical history.

Campers may only carry medications to camp if such medications are to treat a potentially life-threatening condition. Typically, we have only permitted campers to carry EPI-pens and inhalers for asthma. In order to bring any medication (prescription or over-the-counter) to camp, a parent or guardian must make a request to the Camp Director. Each camper's situation will be considered on a case-by-case basis. To make a request, or to disclose the intended use of an EPI-pen or inhaler, please contact South Carolina Volleyball by email at mam5@mailbox.sc.edu. In order to adequately assess your request, please contact us at least 14 days prior to the start of camp.

**Note:** A certified Athletic Trainer will be present at every camp to help monitor all medications and provide medical treatment if need be. All campers will need direct permission from parents/guardians before the Athletic Trainer can administer *any* medication. All employed Athletic Trainers are CPR/AED certified. Gatorade specialists will also be present to monitor hydration levels and needs of all participants.

**OVERNIGHT ACCOMMODATIONS:** The following camps will be day camps and housing will not be offered: Volley-School, Gamecock Academy, Team Camp. Elite Skills Camp participants have the option to stay in the USC dorms. The option is available online during registration. Location and details of dorm check-in will be available closer to camp date.

**PARKING:** Parents or guardians are welcome to stay and watch camp in the balcony area of the Carolina Volleyball Center. There will be designated areas where you will be able to park. Parking is limited and South Carolina Volleyball will not reimburse the cost of a parking ticket if parked in an area not designated by the camp staff. Specific parking details will be included in the final details email sent by camp staff prior to the start of each camp.

**T-SHIRTS:** This summer, each camper will receive an exclusive South Carolina Volleyball t-shirt. **If a camper registers and participates in multiple camps, they will still receive only one shirt.** A camper must register and check-in to camp before receiving their t-shirt. T-shirts will not be provided at the Fall Gamecock Academy sessions.

**WHAT TO BRING:** All campers should come dressed and ready to play – no jewelry, shirts tucked in, kneepads and hair pulled away from face. Water and Gatorade will be provided, but campers are encouraged to bring their own water bottles. Gym shoes are required.

**QUESTIONS:** If you have any specific concerns or questions, please contact:

South Carolina Volleyball  
(803) 777-0755  
mam5@mailbox.sc.edu



## **CAMP STAFF**

The Gamecock Volleyball coaching staff will serve as the primary instructors and camp directors for the entire duration the 2017 Summer Camp Series. In addition, former and current Gamecock Volleyball student-athletes will also serve as court coaches. If numbers warrant outside employment, Mendoza Volleyball Camps, LLC will hire additional coaches with collegiate and/or Junior Olympic Club experience. All coaches will have passed an official background check.



***Tom Mendoza***  
***Head Coach***



***Shonda Cole***  
***Assistant Coach/Recruiting Coordinator***



***Ethan Pheister***  
***Assistant Coach***



***Megan Mendoza***  
***Camp Director/DOVO***



# RULES AND EXPECTATIONS FOR DAY-CAMP VOLLEYBALL CAMPERS

While we hope each of our campers have a great and unforgettable experience with us this summer, safety is our primary concern. Campers' adherence to these rules and expectations is extremely critical to making our camps safe, rewarding and fun for all participants.

## Expectations for Camper Behavior:

- Follow all instructions of camp staff and immediately consult your camp coach if you are uncertain about any of the instructions.
- Label all personal belongings, especially equipment. Mendoza Volleyball Camps, LLC and the University of South Carolina are not responsible for any lost or stolen items.
- Notify a camp coach as soon as any problem arises, whether it be big or small.

## Behaviors Not Permitted:

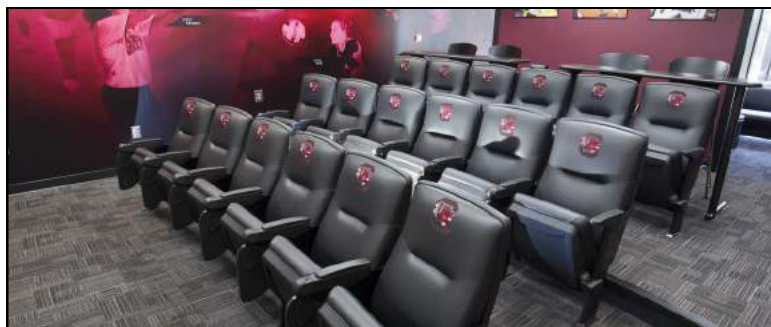
- The use of profanity or inappropriate language, whether it be written or verbal.
- Leaving the camp area as designated by the camp director. The University of South Carolina is located in the heart of Columbia, so campers are **not permitted** to walk freely around campus or any surrounding areas.
- Inappropriate use of a cell phone or cell phone camera during camp. Mendoza Volleyball Camps, LLC reserves the right to confiscate phones for the duration of camp.
- Damaging or stealing University or other's property. Camp fees do not cover payment for any lost or stolen items.

While unacceptable conduct is not anticipated from our campers, violation of any camp rule or expectation could result in disciplinary action, including up to dismissal from camp. Refunds *will not* be issued to campers dismissed from camp. Should a camper suspect any illegal or inappropriate behavior, they are expected to report to the lead court coach immediately.

We expect that parents or guardians of campers will be available (by cell phone) during the duration of camp in the event that the camp director needs to speak with them about a camper's behavior.

**Campers and parents/guardians should review this important information prior to arriving at camp.**

**Questions may be directed to South Carolina Volleyball at (803) 777-0755 or [mam5@mailbox.sc.edu](mailto:mam5@mailbox.sc.edu).**







# **RULES AND EXPECTATIONS FOR OVERNIGHT VOLLEYBALL CAMPERS**

While we hope each of our campers have a great and unforgettable experience with us this summer, safety is our primary concern. Campers' adherence to these rules and expectations is extremely critical to making our camps safe, rewarding and fun for all participants. The University of South Carolina is a large campus in a metropolitan area. There is adult supervision at all times in the dorm and during all structured camp activities. Campers may have down time during which an adult is available but may not be directly monitoring all activities (in a dorm room, during a break or just prior to lights out).

## **Expectations for Camper Behavior:**

- Follow all instructions of camp staff and immediately consult your camp coach if you are uncertain about any of the instructions.
- Follow the camp schedule and report on time for all sessions.
- Participate in all scheduled activities (including camp meals). Only the camp director may grant permission to be excused. If you are ill or need medical attention, please consult the athletic trainer. Attendance will always be taken.
- Keep your camp coaches informed of your whereabouts at all times.
- Label all personal belongings, especially equipment. Swanson Volleyball Camps, LLC and the University of South Carolina are not responsible for any lost or stolen items.
- Notify a camp coach as soon as any problem arises, whether it be big or small.

## **Behaviors Not Permitted:**

- The use of profanity or inappropriate language, whether it be written or verbal.
- Leaving the camp area as designated by the camp director. The University of South Carolina is located in the heart of Columbia, so campers are not permitted to walk freely around campus or any surrounding areas. Also, campers are not permitted to leave camp early without notifying the Camp Director.
- Inappropriate use of a cell phone or cell phone camera during camp. Mendoza Volleyball Camps, LLC reserves the right to confiscate phones for the duration of camp.
- Damaging or stealing University or other's property. Camp fees do not cover payment for any lost or stolen items.
- Possession and/or distribution of indecent literature or images.
- Possession and/or consumption of alcohol, tobacco, illegal substances, matches, fire lighters, hot plates, fireworks or lethal weapons.
- While we understand volleyball is an emotional sport, harassment, bullying or intimidation of any nature is strictly forbidden.
- Excessive noise and/or horseplay
- The use of a vehicle. If a camper drives to an overnight camp, they may be required to give their keys to the camp director at check-in. The keys will only be reissued at the conclusion of camp or if there is a family emergency.
- Violations of all state and federal laws.